

# Schedule of Medical Benefits Vance County HDHP 3000 (HSA Qualified)

### **Features that Add Value**

- Health Benefits Trust and your employer have chosen MedCost Benefit Services to administer their health plan benefits. With over a decade of experience in the health care industry, MedCost is a leader in benefits administration because of our outstanding service, respect for your personal health information, and our commitment to offering products and services that are important to you.
- At MedCost, we recognize that affordable health care is vital to your wellbeing and that of your family. We are dedicated to educating our members about the health care options available to them and helping them to become more informed health care consumers. We offer several interactive online tools so you can easily access the most up-to-date information regarding your health benefits.

### **Quality Service Is Part of Quality Care**

- Service is at the heart of everything we do. Our goal is to give you: fast, accurate answers; responsive, courteous
  and professional assistance; and ease and convenience in finding the information you need to manage your health.
- <u>www.medcost.com</u> For access to information 24/7, go to Member login to visit your personalized member website. You will need your ID card with your Member and Group ID numbers to create an account.
- If you have questions about claim status, benefits, or other general questions, you may contact MedCost Benefit
   Services Customer Service department at (800) 795-1023 or <a href="mailto:mbscs@medcost.com">mbscs@medcost.com</a>. Please include your Member
   ID number in the body of the email.

#### **Health and Wellness Toolkit**

Start now taking the first step toward building a healthier you! Studies show that by making healthy choices part of your lifestyle, you are more likely to continue with them. We offer you an online Health and Wellness Toolkit to show you how to make those changes. This toolkit is separated into four main sections, each very different but equally important:

- Fitness will guide you through implementing a walking exercise plan and stretching routine to improve your overall health and flexibility. You'll also find tips on how to increase your physical activity at work.
- Nutrition is based on the USDA Food Pyramid and will guide you through the food groups, serving sizes and healthy
  food and beverage choices. Find healthy recipes, too!
- Health covers conversations to have with your doctor and provides basic information on common health concerns and preventive screenings.
- Lifestyle discusses tobacco cessation, stress relief, sleep habits, and germs to help you change bad habits into healthy ones.

### It's Your Choice

When you visit network providers, you get access to quality care at the lowest out-of-pocket costs available under your plan. Your plan also offers the freedom to choose the providers you prefer — even if they aren't part of the network. Your benefits are the highest when you see "participating providers," but you're still covered for visits to other providers.

### **Prescription Drug Card**

Contact the Prescription Drug card administrator at the telephone number listed on your Identification Card with any questions regarding Prescription Drug card benefits.

#### Wellness Requirements for 2021

\*Individual will pay 10% more premium if the following are not completed during Calendar Year 2020:

- · Wellness screening through our Wellness Initiative onsite or through member's Physician.
- Age appropriate cancer screenings per American Cancer Association guidelines.
- Participation in our Personal Care Management (PCM) program only if you are contacted by a MedCost PCM nurse. \*Wellness Requirements are not applicable to COBRA participants. Wellness Requirements are not applicable to pre-65 retirees as defined by the applicable governmental entity, unless specifically designated to apply by such governmental entity.

Your health plan is committed to helping you achieve your best health. All employees have the ability to avoid any applicable penalties relating to the wellness programs. If you think you might be unable to meet a standard to avoid a penalty under this wellness program, you might qualify for an opportunity to avoid the penalty by different means.

Contact MIT@nclm.org and we will work with you and, if you wish, with your doctor to find a wellness program with the same reward that is right for you in light of your health status.		

# SCHEDULE OF BENEFITS Vance County 2020

For access to information 24/7, go to <a href="www.medcost.com">www.medcost.com</a> and go to Member Login to visit the personalized website; use ID card with Member and Group ID numbers to create an account. For questions about claim status, benefits or other general questions, contact MedCost Benefit Services Customer Service at (800) 795-1023 or <a href="mailto:mbscs@medcost.com">mbscs@medcost.com</a>; please include Member ID in body of email.

This Schedule of Benefits is an outline of benefits of the Employee Benefit Plan provided by your Employer. The basis of payment of the benefits described herein will be determined by the provider of services and claims rules of the Plan. All benefits described in this Schedule are subject to the exclusions and limitations described more fully in the Summary Plan Description.

See	also Master Summary Plan Description for details of the Plan.
Waiting Period	Effective on date deemed by the governmental unit
Spousal Definition	The term "Spouse" means the person who is legally recognized as the husband or wife
Special Zemmiem	under the laws of the state where the marriage took place. The Employer may require
	documentation proving a legal marital relationship.
Dependent Children	Coverage for Dependent children is extended to the end of the month during which the
Dependent official en	26th birthday occurs.
Retirees / Board Members	See Master Summary Plan Description / governmental unit for details.
Open Enrollment	Benefit choices made during Open Enrollment are effective on August 1st unless
	otherwise specified by governmental unit's Human Resources department.
Leave of Absence	FMLA. See Master Summary Plan Description.
	Other than FMLA. See Master Summary Plan Description.
Pre-Existing Conditions	This Plan does not apply a pre-existing conditions exclusion period to any member.
	Network and Health Management
Network / Travel Option	As indicated on Identification Card
Precertification	Hospital admissions and Residential Treatment*
	Transplant services**
	Hospital observation unit stays of more than 48 hours
	Certain diagnostic services rendered as Outpatient or in Physician's office; see
	Outpatient Review below***
	Dialysis services****
	Intensive Outpatient and Partial Hospitalization*****
Penalties	*Non-precertified room and board charges will be denied.
	**Failure to precertify Transplant Services will result in a 50% reduction in benefits.
	***Non-precertified diagnostic services listed under Outpatient Review will be denied.
	****Failure to precertify dialysis will result in associated charges from the first treatment
	date being denied.
	*****Non-precertified days / visits will be denied. See Medical Benefit Exclusions and
	Defined Terms in Summary Plan Description.
Outpatient Review	Precertification is required for MRI, CT and PET scans performed in Physician's office
	or as an Outpatient. Services performed in emergent situations (to rule out need for
	surgery or urgent treatment) are not subject to the requirement for Outpatient Review /
	Precertification.
Penalty	Non-precertified diagnostic services listed under Outpatient Review will be denied.
Case Management	Life-altering injuries, illnesses and diagnoses need specialized care. MedCost has
	individualized intervention and care for those navigating severe health conditions. The
	goal of Case Management is to promote improved quality of life outcomes while
	ensuring the best use of available resources.
	The Behavioral Health Solution program, a partnership with Carolina Behavioral Health
	Alliance (CBHA), is a component of Case Management that includes additional
	information, support and care for Plan Participants who are receiving Plan benefits for
	Mental Health and / or Substance Use Disorders.
	Con the remainder of the Cummers, Plan Description for additional details
	See the remainder of the Summary Plan Description for additional details

Personal Care Management (PCM) is individualized care designed to help create

**Personal Care** 

Management	(PCM)	positive outcomes for those who are suffering	ng from chronic conditions.
SmartStarts Prenatal		SmartStarts is a voluntary Employee wellness program, focused on educating	
Program		expectant mothers and mentoring them thro	
	Incentive	The Plan provides an incentive for participat	
		SmartStarts during the first trimester, The M	
		check), or if during the second trimester, \$75	
		program. For more information on the MedC	
		(800) 795-1023 and / or see Summary Plan  Benefit Maximums / Deductibles / Out	
		In-Network	Non-Network
This Plan does	not apply a	Lifetime or Annual Benefit Maximum to each	
		d while covered under this Plan.	. ian i anopani io ino io ano io an
Deductible	Individual	\$3,000	\$3,000
	Family	\$6,000	\$6,000
Embedded De			
		dividual once the Individual Deductible is met. paid for Individual.	Family Deductible does not have to be
Coinsurance	Individual	\$3,000	\$9,000
Maximum	Family	\$6,000	\$18,000
Out-of-	1. 2.11.	<b>#0.000</b>	<b>#40.000</b>
Pocket	Individual	\$6,000	\$12,000
Maximum	Family	\$12,000	\$24,000
Embedded Ou			
		Maximum does not have to be met before an	Individual's Out-of-Pocket Maximum is
considered to I		childre Consus if any Coincircus and Dod	estibles and evelvides have severed
		cludes Copays if any, Coinsurance, and Deduny applicable penalties.	uctibles, and excludes non-covered
Services, prem	iuiiis, aiiu ai	iy applicable perialties.	
Once the Out-	of-Pocket Ma	aximum is reached, the Plan pays 100% of eli	gible charges for the remainder of the
		nefit penalties. Family members meet only the	
		00%. If the family Out-of-Pocket has been me	t prior to their individual Out-of-Pocket
being met, the	ir claims will	be paid at 100%.	
		Network and Non-Network Deductibles and	Out-of-Pocket Maximums accumulate
Donofit	V	towards each other.	
Benefit '	rear	August 1st through July 31st  Inpatient Hospital Services	
		In-Network	Non-Network
Room and Bo	ard	80% after deductible	70% after deductible
Precertification			
		Includes the medical services and supplies furnished by a Hospital, Ambulatory Surgical Center or a Birthing Center; after 48 observation hours, a confinement will be	
		considered an inpatient confinement and wil	
		If you occupy a private Hospital room, you w	
		Hospital's charges for a private room and the	
		Hospital does not have semiprivate rooms o	
		medical condition requires a private room (a	s determined by the Claims Administrator)
		the Dien will consider the private recording	o dotorrimiod by the Claims / tarminotiatory,
Physician Inp		the Plan will consider the private room rate.	,
i i iivəlcidli IIID	atient	Payment for Critical Care room and board w	vill be based on the Hospital's ICU charge.
Services	atient	Payment for Critical Care room and board w 80% after deductible	rill be based on the Hospital's ICU charge. 70% after deductible
	atient	Payment for Critical Care room and board w	rill be based on the Hospital's ICU charge. 70% after deductible
	atient	Payment for Critical Care room and board w 80% after deductible The Plan covers professional services of a F services. When multiple procedures are performed du	vill be based on the Hospital's ICU charge.  70% after deductible Physician for Inpatient surgical or medical uring the same operative session, benefits
	atient	Payment for Critical Care room and board w 80% after deductible The Plan covers professional services of a F services. When multiple procedures are performed du will be based on Medically Necessary services.	70% after deductible Physician for Inpatient surgical or medical uring the same operative session, benefits ces. Allowable expenses will be determined
	atient	Payment for Critical Care room and board w 80% after deductible The Plan covers professional services of a F services. When multiple procedures are performed du will be based on Medically Necessary service based on the complexity of the procedures.	rill be based on the Hospital's ICU charge.  70% after deductible  Physician for Inpatient surgical or medical  uring the same operative session, benefits  ces. Allowable expenses will be determined  100% of the allowable expense for the
	atient	Payment for Critical Care room and board w 80% after deductible The Plan covers professional services of a F services. When multiple procedures are performed du will be based on Medically Necessary service based on the complexity of the procedures. most complex will be considered and 50% of	rill be based on the Hospital's ICU charge.  70% after deductible  Physician for Inpatient surgical or medical  uring the same operative session, benefits  ces. Allowable expenses will be determined  100% of the allowable expense for the  of the allowable expense or billed charge
	atient	Payment for Critical Care room and board we 80% after deductible  The Plan covers professional services of a Factive services.  When multiple procedures are performed durill be based on Medically Necessary service based on the complexity of the procedures most complex will be considered and 50% of will be considered for each additional procedure.	rill be based on the Hospital's ICU charge.  70% after deductible  Physician for Inpatient surgical or medical  uring the same operative session, benefits ces. Allowable expenses will be determined 100% of the allowable expense for the of the allowable expense or billed charge dure. An assistant surgeon will be
	atient	Payment for Critical Care room and board w 80% after deductible The Plan covers professional services of a R services. When multiple procedures are performed du will be based on Medically Necessary service based on the complexity of the procedures. most complex will be considered and 50% of will be considered for each additional procedures of the procedure of the procedures of the proced	rill be based on the Hospital's ICU charge.  70% after deductible  Physician for Inpatient surgical or medical  uring the same operative session, benefits  ces. Allowable expenses will be determined  100% of the allowable expense for the  of the allowable expense or billed charge dure. An assistant surgeon will be  has been determined based on standard
		Payment for Critical Care room and board we 80% after deductible  The Plan covers professional services of a Factive services.  When multiple procedures are performed durill be based on Medically Necessary service based on the complexity of the procedures most complex will be considered and 50% of will be considered for each additional procedure.	rill be based on the Hospital's ICU charge.  70% after deductible  Physician for Inpatient surgical or medical  uring the same operative session, benefits  ces. Allowable expenses will be determined  100% of the allowable expense for the  of the allowable expense or billed charge dure. An assistant surgeon will be  has been determined based on standard

Emergency and Urgent Care Services		
	In-Network	Non-Network
Emergency Room		
Treatment, including	80% after In-Ne	twork deductible
related services		
Non-Emergency		
Services at Emergency	80% after deductible	70% after deductible
Room		
Urgent Care	80% after In-Ne	
	Outpatient Hospital Service	
Bus Administration Testino	In-Network	Non-Network
Pre-Admission Testing	80% after deductible	70% after deductible
	The Plan will pay for diagnostic tests and X-basis before a Hospital admission, provided of the admission, are related to the condition performed in lieu of tests while Hospital con show that the condition requires medical tre Hospital admission is not required.	the procedures are provided within 7 days in that causes the admission and are fined. Payment will be made even if tests
Outpatient / Ambulatory		
Facility and Surgeon	80% after deductible	70% after deductible
	When multiple procedures are performed du will be based on Medically Necessary service based on the complexity of the procedures. most complex will be considered and 50% of will be considered for each additional procedures considered eligible when Medical Necessity practices. Benefits will be based on 20% of	ces. Allowable expenses will be determined 100% of the allowable expense for the of the allowable expense or billed charge dure. An assistant surgeon will be has been determined based on standard
Outpatient Laboratory and X-Ray Services	80% after deductible	70% after deductible
Outpatient Diagnostic Scans (MRI, CT, PET) Precertification required	80% after deductible	70% after deductible
Other Outpatient Services	80% after deductible	70% after deductible
Physician Services		
	In-Network	Non-Network
Office Visit for Injury / Illr	ness – See also Allergy Services.	
Primary Care	80% after deductible	70% after deductible
	General practitioner, family practitioner, inte	
Specialist	80% after deductible	70% after deductible
<u> </u>	Copay covers most services including In-off	
	chemotherapy, radiation therapy, high inten treatment of prostate cancer, infusion therap Pharmacy) performed in and billed by the N Specialty Pharmacy under Prescription Drug	sity focused ultrasound (HIFU) for by (and injections other than Specialty etwork Physician's office. See also g Benefits.
Not covered by Copay:	Services not covered by an office visit Copa	
	scan, PET scan, dialysis services, prenatal	
PCP Office Injectables	80% after deductible	70% after deductible
Specialist Office Injectables	80% after deductible	70% after deductible
Office Injectables	Certain Prescription Drugs must be purchas and will not be paid or reimbursed by the Plan's Specialty Pharmacy. See Prescription for more information.	an if they are not procured through the n Drug Benefits, Limitations and Exclusions
Second Surgical	As any office visit	As any office visit
Opinions	Benefits will be provided to determine the M procedure. The second opinion must be ma affiliated in the appropriate specialty, and will Physician.	de by a board-certified Physician who is

Routine Wellness / Preventive Services		
	In-Network	Non-Network
Routine Wellness /	100%; deductible waived	
Preventive Services	*Non-Network limited to \$500 maximum per Benefit Year	
	Includes Physical or Gynecological exam, we	ell child care, laboratory services, X-ray
	services, immunizations / vaccines / flu shots	s, health history, developmental
	assessment, colorectal screening, diabetes s	screening and education, pap smear,
	ovarian cancer screenings, PSAs, bone mas	s measurements, and family planning /
	contraceptive management. (Includes FDA a	approved contraceptive methods / devices
	and sterilization procedures and education a	
	devices, injectables and implants, excluding	
	injectable contraceptives administered in the	
	and patches are covered under the Prescript	
	perform the Gynecological exam and pap sm	
	performed by another Physician. There will be	
	Colonoscopy and Mammogram. *Routine W	
	routine Colonoscopy, Mammogram and Nutr	Itional Counseling.
	The Patient Protection and Affordable Care A Reform, contains a provision that requires yo	
	preventive care services with no cost-sharing	
	or deductibles. * These services include, but	
	Pediatric wellness examination; Selected pre	
	screenings; and Certain Pediatric Preventive	
	health assessment, sensory screening, and	developmental and behavioral
	assessment.	
	These preventive services are covered base	d on the guidelines and recommendations
	of the United States Preventive Services Tas	
	of these guidelines and recommendations pl	
	https://www.healthcare.gov/coverage/pre	
	Preventive Services for Women without cost	charo
	(The following list is not all-inclusive.)	Silare
	<ul> <li>Well-woman visits: Well-woman prevention</li> </ul>	ve care visit annually for adult women to
	obtain the recommended preventive servi	•
	appropriate, including prenatal visits billed	
	Screening for gestational diabetes.	<b>3</b> · · · · · · · · · · · · · · · · · · ·
	Testing for human papillomavirus (HPV te	est) annually or as recommended by
	Physician.	
	<ul> <li>Sterilization procedures and associated se</li> </ul>	ervices rendered on the same day
	(Reversal procedures are not covered).	
	<ul> <li>Breastfeeding support and associated sup</li> </ul>	
		ned provider in conjunction with birth; also
	includes purchase, or rental cost up to pur	
	from a network provider if available. Purch	
	<ul> <li>purchase from a retail store is not covered</li> <li>Screening and counseling for interpersonal</li> </ul>	
	Screening and counseling for interpersonal	ai and domestic violence
	These preventive services for women are co	vered based on recommendations of the
	independent Institute of Medicine and suppo	
	Administration.	
	The services shown under this section "Dev	itina Wallness / Proventive Services " ere
	The services shown under this section, "Rou covered based on the guidelines and recommodate the control of the services shown under this section, "Rou covered based on the guidelines and recommodate the services shown under this section, "Rou covered based on the guidelines and recommodate the services shown under this section,"	
	Services Task Force (USPSTF). For a comp	
	recommendations, please visit:	note having of these guidelines and
	https://www.healthcare.gov/coverage/pre	ventive-care-benefits/
	*A plan may use reasonable medical manag	
	frequency, method, treatment, or setting for	which a recommended preventive service

	will be available without cost-sharing to the eguideline.	extent not specified in a recommendation or
	This Plan also covers certain services as pre including, but not limited to, blood pressure r	monitors, glucometers, and peak flow
	meters. In accordance with IRS guidance, the preventive under the Plan when provided in the pr	
	specified conditions (see IRS Notice 2019-45	5).
Nutritional Counseling See also Diabetes Care	100%; deduc *Non-Network limited / combined with Rou	
Management and non-	Yes	· · · · · · · · · · · · · · · · · · ·
surgical treatment of obesity / Morbid Obesity	Medical Nutritional Counseling is covered when provider, in-network when available, as requeducation for diet related conditions or risk far obesity, high cholesterol and high blood president.	ired to provide appropriate guidance and actors, including but not limited to diabetes,
	Other Services	New Material
A decreased loss seizes	In-Network	Non-Network
Advanced Imaging Precertification required	80% after deductible	70% after deductible
	MRI, CT, PET scans performed as an Outpa 80% after deductible	
Allergy Services		70% after deductible
Testing, Treatment and	The Plan will pay for Medically Necessary te	
Injections	for desensitization treatment (allergy "shots")	
Ambulanca Air	antigen / serum, testing, and treatment mate	
Ambulance, Air	80% after In-Net	
Decemble at a second	Benefits are for Medically Necessary profess	
Precertification required	this item will be a Covered Charge when ser	
when non-emergent	ambulance traveling from the original pickup	
	such a facility is the closest one that can pro-	
	Plan Participant's condition, unless the Plan	
	Medically Necessary. Non-emergency air ambulance services are eligible for coverage	
	only when ground transportation is not medic	
	Injury or Illness, or the pick-up point is inacce	
	precertified. Non-emergency air ambulance s	services require verification of Medical
	Necessity or services will not be covered.	•
Ambulance, Ground	80% after In-Net	work deductible
	Renefits are for local Medically Necessary or	
	Beriefits are for local incalcally recessary pr	rofessional ground ambulance service. A
	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where nee the Plan Administrator finds a longer trip is N	cessary treatment can be provided unless
	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is North Plan covers services in a ground ambulation of the Plan Plan Participant's home, scene of the Plan Plan Plan Participant's home, scene of the Plan Plan Plan Plan Plan Plan Plan Plan	e only if the service is to the nearest cessary treatment can be provided unless dedically Necessary.  ance traveling:
	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is North Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;	e only if the service is to the nearest cessary treatment can be provided unless dedically Necessary.  ance traveling:
	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is Market The Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  • between Hospitals; and	e only if the service is to the nearest cessary treatment can be provided unless fledically Necessary.  ance traveling: an Accident, or site of an emergency to a
	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where new the Plan Administrator finds a longer trip is North Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing	e only if the service is to the nearest cessary treatment can be provided unless Medically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest
	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is M.  The Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services approximately.	e only if the service is to the nearest cessary treatment can be provided unless Medically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's
	<ul> <li>charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is M.</li> <li>The Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;</li> <li>between Hospitals; and</li> <li>between a Hospital and a Skilled Nursing one that can provide covered services appropriation. Benefits may also be provided</li> </ul>	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or
	<ul> <li>charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is M.</li> <li>The Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;</li> <li>between Hospitals; and</li> <li>between a Hospital and a Skilled Nursing one that can provide covered services appropriation. Benefits may also be provided the Skilled Nursing Facility to a Plan Participal</li> </ul>	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or
Applied Dehovioral	<ul> <li>charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is Modern trip.</li> <li>The Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;</li> <li>between Hospitals; and</li> <li>between a Hospital and a Skilled Nursing one that can provide covered services appropriation. Benefits may also be provided the Skilled Nursing Facility to a Plan Participal Necessary.</li> </ul>	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically
	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where new the Plan Administrator finds a longer trip is Market Plan Covers services in a ground ambulation of the Plan Covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services appropriate that can provide covered services appropriate to a Plan Participal Necessary.  80% after deductible	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically
Applied Behavioral Analysis (ABA) Therapy	<ul> <li>charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is Modern trip.</li> <li>The Plan covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;</li> <li>between Hospitals; and</li> <li>between a Hospital and a Skilled Nursing one that can provide covered services appropriation. Benefits may also be provided the Skilled Nursing Facility to a Plan Participal Necessary.</li> </ul>	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible
Analysis (ABA) Therapy for Autism Spectrum	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where new the Plan Administrator finds a longer trip is Market Plan Covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services appropriate to a Plan Participal Skilled Nursing Facility to a Plan Participal Necessary.  80% after deductible  Limited to a Benefit Year maximum of 150 vi	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible sits or \$40,000, whichever is reached first.
Analysis (ABA) Therapy	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where new the Plan Administrator finds a longer trip is North Plan covers services in a ground ambulate. It is from a Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services approximate to a Plan Participal Skilled Nursing Facility to a Plan Participal Necessary.  80% after deductible  Limited to a Benefit Year maximum of 150 virial ABA therapy is covered for the treatment of ABA therapy is covered for the treatmen	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible sits or \$40,000, whichever is reached first.  Autism Spectrum Disorders (ASD)
Analysis (ABA) Therapy for Autism Spectrum	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where new the Plan Administrator finds a longer trip is North Plan covers services in a ground ambulate. It is from a Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services appropriate or condition. Benefits may also be provided a Skilled Nursing Facility to a Plan Participal Necessary.  80% after deductible  Limited to a Benefit Year maximum of 150 virus ABA therapy is covered for the treatment of provided services are rendered by an appropriate the Plan Participal States of the provided services are rendered by an appropriate the Plan Participal States of the Plan Partic	e only if the service is to the nearest cessary treatment can be provided unless Medically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible sits or \$40,000, whichever is reached first.  Autism Spectrum Disorders (ASD) oriately credentialed Physician who is
Analysis (ABA) Therapy for Autism Spectrum	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is Market Plan Covers services in a ground ambulation of the Plan Covers services in a ground ambulation of the Plan Covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services appropriate to a Plan Participal Necessary.  80% after deductible Limited to a Benefit Year maximum of 150 violations and provided services are rendered by an appropriate services.	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible sits or \$40,000, whichever is reached first.  Autism Spectrum Disorders (ASD) oriately credentialed Physician who is Short-Term Therapy other than ABA
Analysis (ABA) Therapy for Autism Spectrum	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where new the Plan Administrator finds a longer trip is Market Plan Covers services in a ground ambulation of the Plan Covers services in a ground ambulation of the Plan Covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services appropriate to a Plan Participal Skilled Nursing Facility to a Plan Participal Necessary.  80% after deductible  Limited to a Benefit Year maximum of 150 villed ABA therapy is covered for the treatment of ABA therapy is covered for the treatment of ABA therapy may be required for treatment of ASI	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible sits or \$40,000, whichever is reached first.  Autism Spectrum Disorders (ASD) priately credentialed Physician who is Short-Term Therapy other than ABA D. See also Short-Term Therapy for
Analysis (ABA) Therapy for Autism Spectrum	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where new the Plan Administrator finds a longer trip is Market Plan Covers services in a ground ambulation of the Plan Covers services in a ground ambulation of the Plan Covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services appropriate of the Nursing Facility to a Plan Participan Necessary.  80% after deductible Limited to a Benefit Year maximum of 150 virus ABA therapy is covered for the treatment of Approvided services are rendered by an appropriate of the provision of such services. Such the Plan Participant of the Provision of Such Services. Such as the Plan Participant of ASI coverage of physical therapy, occupational the Plan Participant of ASI coverage of physical therapy, occupational the Plan Participant of ASI coverage of physical therapy, occupational the Plan Participant of ASI coverage of Plan Participant of Plan Participant of ASI coverage of Plan Participant of Plan Particip	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible sits or \$40,000, whichever is reached first.  Autism Spectrum Disorders (ASD) oriately credentialed Physician who is Short-Term Therapy other than ABA D. See also Short-Term Therapy for herapy, and speech therapy. See also
Analysis (ABA) Therapy for Autism Spectrum Disorders (ASD)	charge for this item will be a Covered Charge Hospital or Skilled Nursing Facility where need the Plan Administrator finds a longer trip is Market Plan Covers services in a ground ambulation of the Plan Participant's home, scene of a Hospital;  between Hospitals; and between a Hospital and a Skilled Nursing one that can provide covered services appropriate condition. Benefits may also be provided Skilled Nursing Facility to a Plan Participal Necessary.  80% after deductible  Limited to a Benefit Year maximum of 150 virus ABA therapy is covered for the treatment of Approvided services are rendered by an appropriate provided services. Services are rendered by an appropriate provided services are rendered by an appro	e only if the service is to the nearest cessary treatment can be provided unless fedically Necessary.  ance traveling: an Accident, or site of an emergency to a  Facility when such a facility is the closest propriate to the Plan Participant's for ambulance services from a Hospital or ant's home when this is Medically  70% after deductible sits or \$40,000, whichever is reached first.  Autism Spectrum Disorders (ASD) priately credentialed Physician who is Short-Term Therapy other than ABA D. See also Short-Term Therapy for herapy, and speech therapy. See also ntal testing.
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## Alternative Medicine) Spouse and covered Dependent. MIT offers the CAM Program (Complementary or Alternative Medicine) for all covered members to encourage the pursuit of wellness. When the Plan Participant is the recipient of one of the treatments listed below, the fee should be paid to the provider at the time the service is rendered. Please refer to Master Medical SPD, Claims Procedures and Appeals for claim steps in order to file for reimbursement. For a special claim form, visit www.medcost.com or contact MedCost Benefit Services Customer Service department at (800) 795-1023 or mbscs@medcost.com. \*The CAM Program provides coverage of the following complementary and alternative treatments of medical conditions. Acupuncture – Acupuncture is a practice in which fine needles are inserted into the skin to stimulate specific points in the body. Acupressure - Acupressure involves massaging certain points on the body to relax muscles, balance your natural energy flow, and relieve stress and pain. Ayurvedic medicine - Ayurveda is based on the belief that health and wellness depend on a delicate balance between the mind, body, and spirit. Its main goal is to promote good health, not fight disease. Biofeedback - Biofeedback is a method used to help a person learn stress-reduction skills by providing information about muscle tension, heart rate, and other vital signs as the person attempts to relax. Energy medicine (see Qi Gong and Reiki) Functional medicine. Please see Appendix B in Master Medical SPD for more information. Homeopathy – Homeopathy is a medical system based on the belief that the body can cure itself. Those who practice it use tiny amounts of natural substances, like plants and minerals. Hypnotherapy – Hypnotherapy uses guided relaxation, intense concentration, and focused attention to achieve a heightened state of awareness. Hypnotherapy can help some people change certain behaviors, such as to stop smoking or nail-biting. It can also help in treating certain kinds of pain. Integrative medicine. Please see Appendix B in Master Medical SPD for more information. Massage therapy - Massage therapy is a form of hand-applied pressure-point treatment that can reduce pain, anxiety, fatigue, and nausea. Naturopathy - Naturopathic medicine is a system that uses natural remedies (including herbs, massage, acupuncture, exercise, and nutritional counseling) to help the body heal itself. The Plan covers herbs purchased from the provider only / excludes retail purchase of Qi Gong - Qi Gong is a Chinese form of moving meditation. Reiki – Reiki is a form of "touch" therapy that realigns your body's energy balance. It can make it easier to manage pain, stress, and worry. Traditional Chinese / Asian medicine. Yoga therapy – Yoga is a form of exercise with specific poses or sets of movements that can be combined with deep breathing to help ease stress, anxiety, and fatigue, and help you sleep better. The above listed definitions are from https://www.webmd.com/ visited April 3, 2018. NOTICE By submitting a claim for reimbursement under this benefit, you are representing that the provider to be paid for the services rendered maintains all necessary and appropriate licensure and / or certification for the applicable services in the state where the services were rendered. See also the Master Medical SPD, Appendix B, for more information on the subjects of complementary medicine, alternative medicine, integrative medicine, and functional medicine. 70% after deductible Chemotherapy / 80% after deductible Radiation / High Outpatient facility. See also Office Visit for Injury / Illness. Benefit includes treatment **Intensity Focused** with radioactive substances as well as materials and services of technicians, and high **Ultrasound / Infusion** intensity focused ultrasound (HIFU) for treatment of prostate cancer.

70% after deductible

80% after deductible

**Therapy** 

**Chiropractic Services** 

	Benefits limited to Benefit Year maximum of 30 visits.  Benefits covered when performed by a licensed M.D., D.O. or D.C.; the following services are not within the scope of a chiropractor's scope of practice and are excluded by the Plan: administering or prescribing medicine or drugs; the practice of osteopathy; diagnostic services and surgery.	
Colonoscopy – Routine – First in Benefit Year or	100%; Deductible waived *Non-Network limited/combined with Routine Wellness \$500 maximum per Benefit Year	
subsequent	Includes routine colonoscopy and related services, other than inpatient. Includes polyp removal during routine colonoscopy when billed properly by the provider.  *Routine Wellness Non-Network limit coordinates with Nutritional Counseling and Routine mammograms and colonoscopies.	
Colonoscopy –	100% after Deductible 100% after Deductible**	
Non-Routine	Includes colonoscopies and related services, other than routine, and other than	
First in Benefit Year	inpatient.  **Non-Network limited to \$500 maximum per Benefit Year (separate from Routine	
Calamagaanii	Wellness / Routine mammogram / Routine colonoscopy limit)	
Colonoscopy – Non-Routine	80% after deductible 70% after deductible**  Includes colonoscopies and related services, other than routine, and other than	
Subsequent in the same	inpatient.	
Benefit Year	**Non-Network limited to \$500 maximum per Benefit Year (separate from Routine Wellness / Routine mammogram / Routine colonoscopy limit)	
COVID-19	100%; Deductible waived	
Testing and testing related items and services	This benefit includes testing for COVID-19 and related items and services to the extent required by the Families First Coronavirus Recovery Act (FFCRA). To the extent required by the Coronavirus Aid, Relief, and Economic Security Act (CARES Act), items and services provided by Non-Network providers will be reimbursed at the cash price listed on the provider's website.	
	This benefit shall terminate upon the termination of the COVID-19 Public Health Emergency, as determined by the Secretary of the U.S. Department of Health and Human Services.	
	Note: Services for Medically Necessary treatment will be covered as any Covered Medical Expense.	
Dialysis Management	80% after In-Network deductible	
Program Other than Innations	Failure to precertify dialysis will result in associated charges from the first treatment date being denied.	
Other than Inpatient – Precertification required	Charges for professional fees and services, supplies, medications, labs and facility fees related to Outpatient dialysis are covered expenses. These services include but are not limited to hemodialysis, home hemodialysis, peritoneal dialysis and hemofiltration.	
	Effective August 1, 2017, the Plan will allow billed charges at the defined benefit in the Schedule of Benefits for 42 Outpatient dialysis treatments. This Plan does not provide Network level benefits for dialysis providers; therefore, benefits are not subject to discount arrangements that the provider may have in place with any Network.	
	For subsequent treatments the Plan allowable for dialysis will be limited to 140% of current year Medicare composite allowable. The Plan will pay according to the schedule for the next 30 consecutive months of dialysis or until the Plan is secondary to other coverage, whichever occurs first. Thereafter, as permitted in 42 CFR § 411.161(c) and (d), Medicare will be the primary payer and the Plan will only pay secondary to Medicare or other coverage. The Plan will reimburse Medicare Part B premiums for the individual if and for as long as enrolled in Medicare Part B and receiving benefits under this provision. Note: Medicare Part B premiums shall be reimbursed quarterly.	
Durable Medical	80% after deductible 70% after deductible	
Equipment	The Plan has benefits for the rental of Durable Medical Equipment (DME) if deemed Medically Necessary. These items may be bought rather than rented, with the cost not to exceed the fair market value of the equipment at the time of purchase. DME	

	includes, but is not limited to, crutches, apnea monitors, glucometers, oxygen equipment, Hospital type beds and wheelchairs. See Defined Terms.	
	This Plan also covers certain services as preventive as listed in IRS Notice 2019-45, including, but not limited to, blood pressure monitors, glucometers, and peak flow meters. In accordance with IRS guidance, these services are only covered as preventive under the Plan when provided in conjunction with a diagnosis of certain specified conditions (see IRS Notice 2019-45).	
Hearing Aids	80% after deductible 70% after deductible	
	Benefit limited to Benefit Year maximum of \$1,000.  Hearing aids ordered by a Physician or audiologist are covered for one hearing aid per ear every 36 months, including related services for initial hearing aids, replacement hearing aids, new hearing aids when alterations cannot adequately meet the needs of the individual, initial hearing aid evaluation, fitting, adjustments and supplies including ear molds.	
Home Health Care	80% after deductible 70% after deductible	
(including Private Duty Nursing, excluding Outpatient)	Benefits limited to Daily maximum of 16 hours.  Services and supplies are covered only for care and treatment of an Injury or Illness.  The diagnosis, care and treatment must be certified by the attending Physician and be contained in a Home Health Care Plan.  A home health care visit means a visit by a member of a home health care team. Each visit that lasts for a period of 4 hours or less is treated as one home health care visit. If	
	the visit exceeds 4 hours, each period of 4 hours is treated as one visit, and any part of a 4-hour period that remains is treated as one home visit.  Private duty nursing is covered when performed by a licensed nurse (R.N., L.P.N. or L.V.N.) and only when care is Medically Necessary, is not Custodial in nature and the Hospital's Intensive Care Unit is filled, or the Hospital has no Intensive Care Unit. The only charges covered for Outpatient nursing care are those shown under Home Health Care. Outpatient private duty nursing care on a 24-hour-shift basis is not covered.	
Hospice Care	80% after deductible 70% after deductible	
	Hospice care can provide the physical, psychological, spiritual and social support needed to help terminally ill patients and their families cope with the Illness. Care includes services provided by a Hospice program in the patient's home, a Hospital or a Hospice. These services are covered as long as they are prescribed by a Physician and the covered patient's life expectancy is six months or less.  Bereavement counseling services by a licensed social worker or a licensed pastoral counselor for the patient's immediate family (covered Employee, covered Spouse and/or covered Dependent Children) are covered. Bereavement services must be furnished within six months following the patient's death.	
Infertility Diagnostic	As any Covered Medical Expense As any Covered Medical Expense	
Services	The Plan will cover diagnostic services to determine the cause of infertility. Treatment of infertility is not covered by the Plan. Infertility Services are available to covered Employee and covered Spouse only. See also Infertility exclusion and Surrogacy exclusion under Medical Benefit Exclusions.	
Laboratory and X-Ray	80% after deductible 70% after deductible	
Services	Whether Hospital Outpatient or Independent Outpatient Facility	
Mammogram – Routine - First in Benefit Year or	100%; Deductible waived  *Non-Network limited/combined with Routine Wellness \$500 maximum per Benefit Year	
subsequent	Includes routine mammogram and related services, other than inpatient.  *Routine Wellness Non-Network limit coordinates with Nutritional Counseling and Routine mammograms and colonoscopies.	
Mammogram –	100% after Deductible 100% after Deductible**	
Non-Routine –	Includes mammogram and related services, other than routine, and other than	
First in Benefit Year	inpatient.  **Non-Network limited to \$500 maximum per Benefit Year (separate from Routine Wellness / Routine mammogram / Routine colonoscopy limit)	
Mammogram –	80% after deductible 70% after deductible**	
Non-Routine – Subsequent in the same	Includes mammogram and related services, other than routine, and other than inpatient.	

Benefit Year	**Non-Network limited to \$500 maximum pe	` ·
	Wellness / Routine mammogram / Routine of	
Medical Supplies	80% after deductible	70% after deductible
	This Plan also covers certain services as pr	
	including, but not limited to, blood pressure	
	meters. In accordance with IRS guidance, the	
	preventive under the Plan when provided in	
	specified conditions (see IRS Notice 2019-4	ł5).
Maternity Care Services	T	T
Initial Visit to Confirm Pregnancy	As any Physician office visit	As any Physician office visit
Physician (Global Fee)	80% after deductible	70% after deductible
Facility	80% after deductible	70% after deductible
	Charges for the care and treatment of Pregr	nancy are covered the same as any other
	Illness for a covered Employee, covered Sp	
	Maternity Care Services for all covered adul	It women, including Dependent daughters.
	include Prenatal Care with no cost-share as	
	independently. See Routine Wellness/Prevented	
Newborn Nursery	Routine newborn nursery and Physician car	
,	typically includes room and board along with	
	newborn. Charges in these circumstances w	
	with Physician charges subject to deductible	
	Newborns must be properly enrolled for cov	erage to apply after the initial Hospital stay.
	Non-routine newborn nursery and Physician	care will not be eligible for reimbursement
	under the Plan until the newborn is enrolled	
	provisions.	as a Dependent under the Flan emoliment
	provisions.	
	For details about enrolling newborn children	nlesse see "Enrollment Requirements for
		provisions, and "Open Enrollment," all in the
	Enrollment section.	providence, and open Emountence, an in the
Mental Health and Substa		
Inpatient	As any admission	As any admission
Outpatient Facility	As any outpatient facility service	As any outpatient facility service
Outpatient Physician	80% after deductible	70% after deductible
Catpatient i riyololari	Psychiatrists (M.D.), psychologists (Ph.D.) o	
	the plan directly. Other licensed mental hea	
	under the direction of these professionals, d	
	This Plan has partnered with an online servi	
	web and mobile self-help resources, empow	
	depression, anxiety, and Substance Use Dis	
	To obtain more information or to register, vis	
Obesity, Non-Surgical	As any Covered Medical Expense	As any Covered Medical Expense
Medical Treatment	Medically Necessary treatment of obesity ar	
Wedicai Treatment	not include any form of food supplement, ex	
	weight control program, injection of any fluid	
		i, use of medications of educational
Obosity Surgical	program, if not otherwise covered.	An any Covered Madical Evenes
Obesity, Surgical	As any Covered Medical Expense	As any Covered Medical Expense
Treatment	Medically Necessary charges for the surgic	
Precertification required	subject to these requirements and limitation	
	The Plan Participant must have a history  Plantage for at least five years.	or obesity and/or a Morbid Obesity
	Diagnosis for at least five years;	aliaba and have been seen as 11 and 150
	During the past two years that a Plan Par	
	he/she must have a documented history	or participating in a 12-month medically
	supervised weight loss program;	
	The Plan Participant must have document	
	evaluations for surgery, which includes no	atient's understanding of the procedure, the
		of stay in the Hospital, behavioral changes

	<ul> <li>required prior to and after the surgery (including dietary and exercise requirements), follow-up requirements and anticipated psychological changes;</li> <li>Psychological assessment by a mental health professional of the patient's ability to understand and adhere to the program. The assessment must include expected levels of depression, eating behaviors, stress management, cognitive abilities, social functioning, self-esteem, personality factors or other mental health diagnoses that may affect treatment, readiness and ability to adhere to required lifestyle modifications and follow-up/social support.</li> <li>The Plan Participant must be an acceptable age (at least 18 years old at the time of the surgery) and risk for surgery as determined by his/her primary care or family Physician and the attending surgeon;</li> <li>Precertification of the surgery is required.</li> </ul>
Orthotics	80% after deductible 70% after deductible
	Orthotics are covered for the initial purchase and fitting of an appliance designed for the support of weak or ineffective joints or muscles as a result of a disabling congenital condition or an Injury or Illness. Orthopedic foot appliances, including custom molded foot orthotics, may be covered when used as an integral part of a brace, applied tightly thereto, or when used to treat a condition requiring more than a supportive device of the foot. Shoe inserts are not considered orthotic devices by this Plan and are not covered.
Prosthetics	80% after deductible 70% after deductible
	Benefit covers the initial purchase and fitting of a fitted artificial device to replace or augment a missing or impaired part of the body. Prosthetic devices include, but are not limited to, artificial limbs, breast prosthesis, cochlear implants and implanted lenses after cataract surgery.  Repair and replacement of a device will not be made more than once every 5 years, unless it is determined Medically Necessary due to a pathological change, such as growth, shrinkage, or atrophy that results in improper fit. Replacements will not be made because the device is lost, misplaced, or stolen.
Service Animal	80% after In-Network deductible
Service Aminai	For covered Dependents to age 19 only:
	The Plan provides coverage for the purchase of a Medically Necessary service animal to a Lifetime maximum of \$20,000. This benefit is subject to written approval for determination of Medical Necessity by the Plan Administrator and approval of the service animal distributor.
Short-Term Therapy	80% after deductible 70% after deductible
	The Plan provides coverage for short-term therapy that is part of a rehabilitation program, including the therapies listed when provided in the most medically appropriate setting. See also Applied Behavioral Analysis (ABA) Therapy under Other Services in this Schedule of Benefits.
Cardiac	Covered as deemed Medically Necessary provided services are rendered (a) under the supervision of a Physician; (b) in connection with a myocardial infarction, coronary occlusion or coronary bypass surgery; (c) initiated within 12 weeks after other treatment for the medical condition ends; and (d) in a Medical Care Facility as defined by this Plan.
Cognitive	Covered as deemed Medically Necessary provided services are rendered under the supervision of a Physician. The therapy must be in accord with a Physician's exact orders as to type, frequency and duration and for conditions that are subject to significant improvement through short-term therapy.
Occupational	Covered when performed by a licensed occupational therapist or a Physician working within the scope of his/her license. Therapy must be ordered by a Physician, result from an Injury or Illness and improve a body function. Covered Charges do not include recreational programs, maintenance therapy or supplies used in occupational therapy.
Physical	Covered when performed by a licensed physical therapist or a Physician working within the scope of his/her license. The therapy must be in accord with a Physician's exact orders as to type, frequency and duration and for conditions that are subject to significant improvement through short-term therapy.
Pulmonary	Covered when performed by a licensed respiratory therapist or a Physician working within the scope of his/her license. The therapy must be in accord with a Physician's exact orders as to type, frequency and duration and for conditions that are subject to significant improvement through short-term therapy.

Speech	the scope of his/her license; therapy must disorders; b) following surgery for correction throat or nasal complex; or c) to restore sp speech function as a result of injury or an disorder.	on of a congenital condition of the oral cavity, beech to a person who has lost existing illness that is other than a learning or mental
Skilled Nursing Facility	80% after In-Network deductible	
	Benefits limited to Benefit Year maximum	
		ent is confined as a bed patient in the facility;
		onfinement is needed for further care of the
		ment; and the attending Physician completes
		, the proposed course of treatment and the
	projected date of discharge from the Skille	
	Plan Participant's care in these facilities a	re limited to the facility's semiprivate room
Taladas	rate.	Latino de Dia dinatibila
Teladoc		Network Deductible
Telemedicine Services -	(\$49 cna	rge per visit)
	As any other severed office service	As any other severed office convice
Office Visits other than	As any other covered office service	As any other covered office service
Teladoc	As any Coursed Madical English	As any Course d Madical E
Telemedicine Services	As any Covered Medical Expense	As any Covered Medical Expense
- COVID-19 Public	This benefit includes coverage of Covered	
Health Emergency	means of Telemedicine as identified on th	
other than Teladoc	Services (CMS) listing of "Covered Telehe	ealth Services for PHE for the COVID-19
	pandemic."*	
	This has a Challette with a few and the few and	Conflored the OOMB 40 B 1 Polled the
	This benefit shall terminate upon the term	
	Emergency, as determined by the Secreta	ry of the U.S. Department of Health and
	Human Services.	
	*Nicks Tills Parks to a second as allel to /se	- ( A - : 1 00 0000) - (
	*Note: This listing is currently available (as	
	https://www.cms.gov/Medicare/Medicare-General-Information/Telehealth/Telehealth-Codes	
TALL	The Plan will also maintain a copy of this I	
TMJ	As any other Covered Medical	As any other Covered Medical Expense
	Expense Includes Surgical and Non-Surgical; exclu	dee appliances and arthodoptic treatment
Transplant Convises		
Transplant Services Precertification required	Approved / Designated Facility 80% after deductible	Non-Approved / Non-Designated Facility 70% after deductible
Precentification required	L.	
	MedCost Health Management must be no	
	All Transplant Services MUST be precertif	
	Management to qualify for Precertification	
	reduction in benefits. Refer to Health Man	agement Services for details.
	Human organ and tissue transplants are c	avered execut these electified as
	"Experimental and/or Investigational."	overed except those classified as
	Experimental and/or investigational.	
	*Travel and lodging will be paid by the Pla	n for the natient and one companion or
	caregiver (for both parents or for both gua	
		t be to a Designated Transplant Provider that
	is more than 60 miles from the patient's ho	
	is more than so miles from the patients in	51110.
	Donor Charges:	
	= 0.1.01	. I ( . I C( ( T I ( O
	Both the recipient and the donor are entitle	ed to penetits of Transbiant Service coverage
	Both the recipient and the donor are entitle under this Plan when the recipient is a Pla	
	under this Plan when the recipient is a Pla	n Participant. Benefits provided to the donor
		n Participant. Benefits provided to the donor
	under this Plan when the recipient is a Pla will be charged against the recipient's cov	n Participant. Benefits provided to the donor erage.
	under this Plan when the recipient is a Pla will be charged against the recipient's covered.  The Plan will pay for typing, surgical process.	in Participant. Benefits provided to the donor erage.  edure, mobilization, storage expenses, and
	under this Plan when the recipient is a Pla will be charged against the recipient's cov The Plan will pay for typing, surgical proce costs directly related to the donation of a h	in Participant. Benefits provided to the donor erage.  edure, mobilization, storage expenses, and
	under this Plan when the recipient is a Pla will be charged against the recipient's covered.  The Plan will pay for typing, surgical process.	in Participant. Benefits provided to the donor erage.  edure, mobilization, storage expenses, and

recipient is also a Plan Participant. Donor expenses for recipients who are not Plan Participants are not covered under this Plan. Claim Steps: When a Plan Participant is the recipient of an organ from a non-Plan donor, eligible expenses should be filed using the Plan Participant's name and his or her alternate identification number. To help identify non-Plan donor claims billed under the Plan Participant recipient's information, the donor claim should include the following: Diagnosis that indicates donor: Attachment that indicates the patient is a donor; and Donor's information in the comments field of the UB-04 or other electronic \*Exclusions: Charges for the following are not covered: • Mileage for sightseeing or visits to friends / relatives. Alcohol. · Clothina. • Entertainment (i.e., movies or rentals, visits to museums, mileage for sightseeing, compact discs, games, etc.). • Expense for persons other than the patient and his / her covered companion or caregiver. • Expenses for lodging when member or companion is staying with a relative or friend. · Travel and non-medical room and board for a live donor or for family members of the donor. · Gift cards. • Groceries (i.e., grocery stores, Wal-Mart, K-Mart, etc.). Laundry service / supplies. • Non-legible receipts (i.e., food or lodging). • Paper products (i.e., paper plates, paper towels, napkins, etc.). • Parking fees incurred other than at hotel / motel or hospital. • Personal care services (i.e., massage, spa, hair care services, etc.) • Personal hygiene items (i.e., toothbrush, deodorant, etc.). • Personal services (i.e., child care, house sitting, kennel care, etc.). · Shoes / slippers. • Souvenirs (i.e., T-shirts, sweatshirts, toys, etc.). • Telephone bills / calls / phone cards. · Tobacco or medical marijuana. · Valet parking. In-Network Non-Network Vision Exam 100% after In-Network Deductible No coverage Benefit limited to Benefit Year maximum of 1 exam. Hardware is excluded. See also Routine Wellness / Preventive Services for pediatric vision screening. Wig Therapy (following 70% after deductible 80% after deductible cancer treatment) Benefits limited to Lifetime maximum of one wig. **All Other Covered** 80% after deductible 70% after deductible Services Additional Services Covered Under the Medical Benefits Anesthetics and certain Certain items including anesthetics; oxygen; blood and blood derivatives that are not donated or replaced; intravenous injections and solutions are covered, including the other items including administration thereof. administration Attention Deficit / Attention Deficit / Hyperactivity Disorder is covered as any other expense. **Hyperactivity Disorder Dental Services** Certain dental procedures will be Covered Charges under Medical Benefits: Removal of wisdom teeth. Excision of tumors and cysts of the jaws, cheeks, lips, tongue, roof and floor of the mouth. Emergency repair due to Injury to sound natural teeth. Surgery needed to correct accidental injuries to the jaws, cheeks, lips, tongue, floor and roof of the mouth.

Incision of sensory sinuses, salivary glands or ducts. Reduction of dislocations and excision of temporomandibular joints (TMJs). When Medically Necessary, replacement of teeth lost as a direct result of chemotherapy and/or radiation treatment. Orthognathic surgery to repair or correct a severe facial deformity or disfigurement that orthodonics alone cannot correct, provided: The deformity or disfigurement is accompanied by a documented clinically significant functional impariment, and there is a reasonable expectation that the procedure will result in meaningful functional improvement: or The Orthognathic surgery is performed prior to age 19 and is required as a result of severe congenital facial deformity or congenital condition. Repeat or subsequent orthognathic surgeries for the same condition are covered only when the previous orthognathic surgeries for the same condition are covered only when the previous orthognathic surgeries for the same condition are covered only when the previous orthognathic surgeries for the same condition are covered only when the previous orthognathic surgeries for the same condition are covered only when the previous orthognathic surgeries for the same condition are covered only when the previous orthognathic surgeries for the same condition are covered only when the previous orthognathic surgeries for the same condition are covered only reversible to the surgeries for dental and oral surgical procedures involving orthodontic care of the teeth, periodontal disease and preparing the mouth for the fitting of or continued use of dentures. Oral surgerons with epide in a Hospital or Ambulatory Surgical Center in connection with dental procedures of (1) begendent Children under the age of 9 and (2) Plan Participants with physical or mental conditions for which such services are Medically Necessary. The Physician must certify that anesthesia is required to safely and effectively perform the procedures. Prior authorization is required.  The Plan will provide coverage for Medically Nece		Excision of benign bony growths of the jaw and hard palate.
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visits per Benefit Year.		
incoonstructive outgety   coveted charges are.	Reconstructive Surgery	Covered Charges are:

Routine Costs Associated with a Clinical Trial	<ul> <li>Surgical correction of a congenital anomaly in a covered Dependent child;</li> <li>Treatment of an Accidental bodily Injury; and</li> <li>Reconstructive breast surgery following mastectomy. This mammoplasty coverage, in compliance with the Women's Health and Cancer Rights Act of 1998, will include reimbursement for (1) reconstruction of the breast on which a mastectomy has been performed, (2) surgery and reconstruction of the other breast to produce a symmetrical appearance, and (3) coverage of prostheses and physical complications during all stages of mastectomy, including lymphedemas, in a manner determined in consultation with the attending Physician and the patient.</li> <li>Includes charges for Routine Patient Costs incurred by a Qualified Individual in an Approved Clinical Trial subject to the terms of this Plan. The Plan may require a copy of the Approved Clinical Trial's patient consent packet before determining if any benefits are payable by the Plan (see Routine Patient Costs). Coverage is provided only for Routine Patient Costs of services associated with the Approved Clinical Trial, and only to the extent such Routine Patient Costs have not been, or are not, funded by other resources. See also Medical Benefit Exclusions and Defined Terms for more information regarding coverage of Routine Patient Costs associated with an Approved Clinical Trial.</li> </ul>	
Sleep Studies	Sleep studies are covered as any Outpatient lab or independent lab when determined to be Medically Necessary.	
Sterilization Procedures	Sterilization procedures are covered as any expense unless otherwise noted in the	
Termination of Pregnancy	SPD. Reversal procedures are not covered.  Abortions are covered for all Employees and Spouses who are Plan Participants when the life of the mother would be endangered if the unborn child was carried to term or the Pregnancy is the result of rape or incest. Complications of abortion are covered for all Employees and Spouses who are Plan Participants. Abortions and / or complications of abortion are not covered for Dependent Daughters.	
Prescription Drug Benefits		
Prescription Drug Copays	pays accumulate toward the Plan's overall Network Deductible and Out-of-Pocket Maximum.	
	Retail Pharmacy	Mail Order
Generic	Copay covers up to a 30 day supply.	Copay covers up to a 90 day supply.
Preferred Brand	80% after In-Network deductible	
Non-Preferred Brand		
Mandatory Specialty Pharmacy	Certain Prescription Drugs must be purchased through the Plan's Specialty Pharmacy and will not be paid or reimbursed by the Plan if they are not procured through the Plan's Specialty Pharmacy. See Prescription Drug Benefits, Limitations and Exclusions for more information.	
Miscellaneous Notes	Contraceptives: Includes preventive services for women as required by Healthcare Reform without cost share for prescribed FDA approved contraceptives, whether generic or brand if generic is unavailable, including: oral contraceptives, transdermal and vaginal ring. (Contraceptive devices, injectables and implants, while excluded under Prescription Drug benefits are included under the medical benefits. See Contraceptive Management under Routine Wellness section.)  If a Generic Drug version is not available or would not be medically appropriate (as determined by your health care provider) a prescribed FDA-approved Brand Name contraceptive method will be paid by the Plan with no cost-sharing.  Smoking Cessation Products: Included with prescription without cost share: Nicotine replacement therapy (i.e., gum, lozenge, transdermal patches, inhaler and nasal spray), Sustained release Bupropion, Chantix (or generic equivalent, if available).  Diabetic Supplies and Prescription Drugs: Plan Participants are eligible to receive Diabetic Supplies and Prescription Drugs with no cost-share when they participate in the Plan's diabetic program. See Human Resources for information about enrolling in the program.  Preventive Medications: Includes certain prescribed over-the-counter products without cost share as required by PPACA.	

For participants in the HealthMap program only:\*\*

In addition, certain preventive medications may be available with Deductible waived. For details, contact your pharmacy benefit manager at the number listed on your ID card.

Contact the drug card administrator at the telephone number listed on your ID card with questions or more information about drug availability or coverage of specialty drugs.

### \*\*Copay Waiver Medications and Diabetes Supplies

(for participants in the HealthMap program only)

### **Diabetes Oral Agents**

acarbose glimepiride glipizide glipizide ER glipizide XL

glipizide/metformin

glyburide

glyburide/metformin

metformin
metformin ER
miglitol
nateglinide
pioglitazone
pioglitazone/glimepiride

pioglitazone/glimepiride pioglitazone/metformin

repaglinide

### Statin Therapy / Cholesterol Therapy

amlodipine/atorvastatin

atorvastatin fenofibrate fluvastatin fluvastatin ER lovastatin pravastatin rosuvastatin simvastatin

Diabetes Supplies

One Touch Verio

Accu-Chek Aviva GE 100

# ACE Inhibitor / ARB

amlodipine/benazepril amlodipine/valsartan amlodipine/valsartan/hctz

benazepril/hctz candesartan candesartan/hctz captopril

enalapril
enalapril/hctz
fosinopril f
osinopril/hctz
irbesartan
irbesartan/hctz
lisinopril
lisinopril/hctz
losartan
losartan/hctz
moexipril
moexipril/hctz
perindopril
quinapril
quinapril/hctz

telmisartan/amlodipine telmisartan/hctz

trandolapril

ramipril telmisartan

trandolapril/verapamil

valsartan/hctz

Please refer to Summary Plan Description (SPD) for further details on benefit provisions, definitions and exclusions. In the event of discrepancy between this Schedule and the Summary Plan Description (booklet), the approved Summary Plan Description (booklet) will govern.